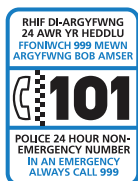


Hate crime is wrong.

Report it.





Have YOU been A VICTIM?



What is a hate crime?

A hate crime is a crime that happens to someone because of who they are.

This includes:

- name calling
- hitting and punching
- being made fun of
- bullying
- being frightened by someone
- having your things stolen or damaged



A hate crime could happen to a person because of:

- race
- religion or belief
- sexual orientation
- how someone sees their gender
- disability including learning disability, physical disability and mental health



You should tell the police if a hate crime happens to you, if you see one happen or you know someone it has happened to. If you don't want to tell the police you can talk to other agencies like Victim Support or local community based support groups.



How to tell the police about a hate crime

In person:

You can visit your local police station in person or speak to your community Police Officer or PCSO.

By phone:

In an emergency call **999**.

For general questions or to tell the police about a crime or incident that is no longer happening call **101**.



Victim Support Line (Freephone 24/7)
0300 30 31 982



Online:

- True Vision – You can tell the police about a hate crime at **report-it.org.uk**
- Report online to Victim Support
www.reporthate.victimsupport.org.uk

Support Groups:

- You can contact support groups in your local area – a list of support group contacts can be found at True Vision - **www.report-it.org.uk**





What happens when you report a hate crime?

When you report a hate crime, the police will look into what happened and what you say will be taken seriously.

The police will support anyone who tells them about a hate crime and will do their best to make you feel safe.



If a hate crime happens to you or to someone else:

- in an emergency always call 999
- go to a safe place as soon as you can
- make as much noise as you can to get attention
- get help
- if you see hate crime happening, don't put yourself in danger
- always tell the police what has happened
- if you can, write down everything you can remember about what happened, the date and time it happened, what the person looked like if you don't know them and what they said or did.



Hate crime is wrong. Report it.



www.report-it.org.uk



Nid yw trosedd casineb yn iawn. Raporitwch ei.

- mewn argyfwng, galwch 999 bob tro
- ewch i le diogel mor fuan â phosibl
- gwnewch cymaint o swm â phosibl er mwyn denu sylw
- ewch i mofyn help
- os ydych chi'n gweld trosedd casineb yn digwydd, peidwch â rhoi eich hun mewn perygl
- dywedwch wrth yr heddlu beth sydd wedi digwydd bob tro
- os fedrwch chi, ysgrifennwch bod dim rydych chi'n cofio am yr hyn ddigwyddodd - dyddiad ac amser y digwyddiad, disgrifiad o'r person os nad ydych chi'n ei adnabod, a beth ddwywedon nhw neu beth wnaethon nhw.



Os oes trosedd casineb yn digwydd! chi neu rywun arall:

wned i chi deimlo'n ddiogel. Pan fyddwch chi'n riportio trosedd casineb, bydd yr heddlu'n ymchwilio i'r hyn ddigwyddodd a byddant yn cymryd yr hyn rydych chi'n dweud o ddifri. Bydd yr heddlu'n cefnogi unrhyw un sy'n dweud wrthyn nhw am drosedd casineb a byddant yn ceisio eu gorau i

Beth sy'n digwydd pan rydych chi'n riportio trosedd casineb?

Sut i ddwend wrth yr heddlu am drosedd casineb

Yn personol:

Gallwch alw hebïo i'ch Gorsaf Heddlu leol yn personol neu siarad â'ch SCCH neu Swyddog Heddlu cymunedol.

Dros y ffôn:

Mewn argyfwng, galwch **999**.

Ar gyfer cwestiynau cyffredinol neu er mwyn dwend wrth yr heddlu am drosedd neu ddigwyddiad sydd wedi digwydd, galwch **101**.

Victim support find the strength
Llinell Cymorth i Ddiodddefwyr
(Rhadffôn 24/7) **0300 30 31 982**

Ar-lein

- Gweld yn Gwir - Gallwch ddwend wrth yr heddlu am drosedd casineb ar **report-it.org.uk**
- Gallwch ddwend wrth Cymorth i Ddiodddefwyr ar-lein ar **www.reportthate.victimsupport.org.uk**

Grwpiau Cymorth:

- Medrwch gysylltu â grwpiau cymorth yn eich ardal leol – ceir rhestr o gysylltiadau grwpiau cymorth ar wefan Gweld yn Gwir **www.report-it.org.uk**



Ydych chi wedi Dioddef trosedd casineb?

Beth yw trosedd casineb?

Trosedd casineb yw trosedd sy'n digwydd i rywun oherwydd pwy ydyn nhw.

Mae hyn yn cynnwys:

- galw enwau
- bwrw a dyrnu
- rhywun un gwneud hwyli am eich pen
- bwlio
- rhywun yn codi ofn arnoch
- cael eich ei ddoddo wedi'i ddwyn neu ei ddifrodi

Gall trosedd casineb ddigwydd i rywun oherwydd:

- hill
- crefydd neu gred
- cyfeiriadedd rhywio
- canfyddiad rhywun o'i ryw
- anabled, gan gynnwys anabled dysgu, anabled corfforol ac iechyd meddwl

Dylech ddwedu wrth yr heddlu os oes trosedd casineb yn digwydd i chi, os ydych chi'n gweld trosedd casineb yn digwydd, neu os ydych chi'n adnabod rhywun sydd wedi dioddef trosedd o'r fath. Os nad ydych chi eisiau dwedu wrth yr heddlu, medrwch ei riportio i asiantaethau eraill megis Cymorth i Ddi-ddedfwr neu grwpiau cymorth cymunedol lleol.





Riportiwch et.

Nid yw trosedd gaisiedd yn lwm.